

TRAIN WITH PASSION AND PURPOSE



SIGN ON TO THE RURAL GENERALIST PROGRAM SOUTH AUSTRALIA (RGPSA) AT

RURALEGENERALIST.SA.GOV.AU

What is the rural generalist pathway?

A rural generalist is a medical practitioner that works in rural areas utilising general practice, emergency and other medical specialist skill sets matched to the needs of the local community they serve. In South Australia, rural generalists live and work in our rural communities providing valuable primary care services as well as a range of hospital-based services including but not limited to emergency medicine, anaesthetics and obstetrics.

There is a choice of training pathways (a trainee can choose) in becoming a rural generalist with either the Australian College of Rural and Remote Medicine (ACRRM) or the Royal Australian College of General Practitioners (RACGP). Each of these training pathways have several key mandatory stages of training and funded and self-funded programs to achieve Fellowship.

What is the Rural Generalist Program South Australia?

The Rural Generalist Program SA (RGPSA) coordinates and builds on existing training structures and services for the delivery of medical training across rural and remote SA. The program supports coordinated delivery of training via end to end training networks to increase the number and uptake of rural training positions and to ultimately link them to post-training employment in rural areas.

The program will enable junior doctors to undertake the full complement of post-graduate training within a region, internship through to fellowship with a view to increasing attraction, training and retention for a skilled and sustainable rural medical workforce.

The program also supports Fellowed GPs through up-skilling and the establishment of a rural generalist community.

The RGPSA is part of the Australian Government's National Rural Generalist Pathway and a key objective of the Government of South Australia's South Australian Rural Medical Workforce Plan 2019-24 to build a skilled medical workforce, new and sustainable models for rural health care and developing a collaborative and coordinated health system.

Why be a rural generalist?

Diversity and flexibility in your work is what makes rural generalism so attractive. As a rural generalist you will experience a diversity of patients and scope of practice using a wider range of procedural skills working across both private practice and hospital settings. You also have the opportunity to sub-specialise in a wide variety of specialities including obstetrics, anaesthetics, mental health and many more. While doing this you can have autonomy in running your own practice and developing long term relationships with your patients.

Regional communities rely on their doctors both for their health and as leaders in their communities, where they are part of the foundation that makes a sustainable thriving community. With greater flexible working hours, regional communities are great places to raise children, and explore the natural environment of South Australia and its many attractions.

Why train in rural?

When you train in rural or remote South Australia you will experience a number of benefits including:

- More one on one supervision
- Train to full scope of practice in a supported environment
- Greater exposure to hands on tailored training to your individual needs
- Greater breadth and depth of skill development
- Contextualised skill development



SIGN ON TO THE RURAL PATHWAY



Why train in rural? *Continued*

Develop clinical courage - Another aspect of training in rural is the development of clinical courage that is an essential skill for those working in rural and remote areas. Clinical courage stems from a sense of belonging to the community of which you are a part, acceptance of clinical uncertainty, knowing the limits of your clinical practice and having the ability to contextualise and marshal resources to meet clinical demand.

Practice socially accountable medicine - Rural generalists and rural generalist trainees training in rural, support the establishment and maintenance of both a strong primary and secondary rural

health care system that provides better population health and distribution (equity) and improved economy in the use of resources. Communities see enhanced viability of rural general practice that then in turn supports the delivery of local hospital services and improved specialised services.

Communities also experience increased quality and range of medical services that are provided locally to meet community need. A stronger primary care system prevents illness and maintain the good health of our communities reducing the burden on hospitals and other medical resources.

Access supports and services to guide your journey to becoming a rural generalist.

By signing on to the rural pathway in South Australia, trainees will get a range of benefits and services that will ensure a supported journey to becoming a rural generalist through either ACRRM or RACGP, that will continue into Fellowship.

	Medical Students	Interns	PGY2+	GP Training	Fellowed GPs
Career Navigation and advice	✓	✓	✓	✓	✓
Case management and support	✓	✓	✓	✓	✓
Mentoring	✓	✓	✓	✓	✓
Access to rural education and training program		✓	✓	✓	✓
Support to apply for RACGP or ACRRM		✓	✓		
Access to advanced / additional skills training			✓	✓	✓
Skills consolidations support and grants			✓	✓	✓
Rural generalist community, networking and events		✓	✓	✓	✓
Alumni					✓

FOR MORE INFORMATION OR TO SIGN-UP

VISIT RURALGENERALIST.SA.GOV.AU EMAIL: health.SARuralGeneralistTraining@sa.gov.au



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