

SUB-SPECIALISE AND BUILD YOUR SKILLS IN MEDICAL DISCIPLINES BEYOND COMMUNITY GENERAL PRACTICE



ACADEMIC MEDICINE

Incorporate academic work into your career with the opportunity for research into illness profiles, lifestyle and other limitations in rural communities.



ADULT INTERNAL MEDICINE

Managing patients with acute complex medical and chronic disease problems including multiple morbidities and factors affected by aging.



AGED CARE

Management of chronic health concerns combined with the challenges in providing appropriate care for the aged.



ANAESTHETICS

Skills, knowledge and capabilities of clinical practice of anaesthesia and providing safe anaesthesia practice and post-anaesthesia care.



EMERGENCY MEDICINE

Broad spectrum of patient care ranging from assessment, stabilisation, and ongoing management that may include safe transfer.



GENERAL MEDICINE

Clinical practice, knowledge and skills to provide high quality specialist services across a spectrum of health and illness.



MENTAL HEALTH

Diagnose mental health problems in specific age groups, including depression, anxiety, adjustment disorders, grief, substance abuse, psychoses and suicide.



OBSTETRICS

Clinical experience of care of women and infants including skills in antenatal, postnatal care, labour and gynaecology.



PAEDIATRICS

Diagnoses and management of a wide range of paediatric conditions, develop skills to influence community and environmental factors to promote wellness.



PALLIATIVE CARE

Improve the quality of life of patients and their families facing the problems associated with life-threatening illness, through prevention and relief of suffering.



POPULATION HEALTH

Clinical experience in the prevention of illness, injury and disability, and improve, protect and restore the health of populations and individuals.



REMOTE MEDICINE

Skills and knowledge in remote medicine to remote populations including unique medical services like Aboriginal health, public health and emergency.



ROYAL FLYING DOCTOR SERVICE

Providing extensive primary health care and 24-hour emergency services to those areas that do not have access to major cities.



SURGERY

Clinical skills and knowledge of the surgical process, from the initial evaluation through preparation, procedure and post-operative management.

LIMESTONE COAST TRAINING NETWORK



FOR MORE INFORMATION

EMAIL: Health.SARuralGeneralistTraining@sa.gov.au
OR VISIT WWW.RURALGENERALIST.SA.GOV.AU



MAKE A DIFFERENCE IN THE LIMESTONE COAST TRAINING NETWORK



Fulfill your dream of becoming a rural generalist in a remarkable rural region that offers the opportunity to train in general medicine, emergency medicine, anaesthetics, obstetrics, paediatrics and surgery.

HOW TO APPLY AND JOB PACKS

Visit the South Australian Medical Education and Training (SAMET) website www.samet.org.au to view detailed application timelines and information for internships, PGY2+ and advanced skills training (AST) positions with SA Health.

General application timelines each year are:

Internships

Applications open: May

Applications close: June

Offers commence: July

PGY2+ and AST

Applications open: June

Applications close: July

Offers commence: September

Lodge your application through the link provided in the job pack for the position. Positions or rotations are subject to funding and sufficient demand and may change.

About the Limestone Coast Training Network (LCLHN)

Completing your postgraduate training through the Limestone Coast Training Network can help kick start your career in rural generalism.

The Limestone Coast Local Health Network (LCLHN) provides a broad and diverse training program to Rural Generalist trainees, or those interested in rural medicine. LCLHN embraces teamwork and all team members are highly valued for the skills and knowledge they contribute to patient care. Preference is given to applicants committed to a career in rural or regional practice with support to complete your internship, and the potential to continue to your PGY2+ years. LCLHN offers an ideal balance between the vibrant lifestyle of a big city and comforts of a small town.

AVAILABLE POSITIONS

Positions may vary from year to year.

Internship positions

When you complete your internship at LCLHN, you will be provided with broad experiences across diverse clinical areas including general practice at Hawkins and Kingston Medical Clinics, emergency medicine, general medicine, anaesthetics and general surgery. You will have opportunities to challenge yourself and to gain valuable experience with hands-on procedural skills and

access to learning opportunities with the weekly junior doctor tutorial program, simulation sessions, journal club and grand rounds. Being a member of a smaller cohort of interns, you will have access to significant individual support from the medical education team developing close working relationships with your junior and senior medical colleagues. The working culture at LCLHN embraces teamwork and values all team members for the skills and knowledge they contribute to patient care.

PGY2+ positions

You will be part of a dynamic and busy medical team based in Mount Gambier and Naracoorte Hospitals and the Kincaig Medical Clinic. The positions are specifically aimed to provide trainee medical officers (TMO) who have just completed an internship with a full year experience at the postgraduate Year 2 level (PGY2).

Training opportunities for PGT2+ are in non-specialist and general practice training programs with rotations in general medicine, general practice, emergency medicine, paediatrics, general surgery, general practice/ anaesthetics and general practice/ obstetrics. Limestone Coast work in collaboration with Flinders University Rural and Remote Health South Australia (FRRHSA) who provide educational support through the Medical Education Unit (located at FRRHSA).

Advanced Skill Training

The Limestone Coast offers 4 areas of advanced skill training; adult internal medicine, anaesthetics (RGA Training Program), obstetrics/gynaecology (RANZCOG Associate Procedural), and emergency medicine. Positions are available to post-graduate year 3 (PGY3+) and above applicants with preference given to applicants enrolled in rural generalist

training with either the Australian College of Rural and Remote Medicine (ACRRM) or Royal Australian College of General Practice (RACGP) Fellowship in Advanced Rural General Practice (FARGP). Advanced skill training options available are:

Anaesthetics (RGA Training Program)

Mount Gambier

Join the anaesthetics team consisting of experienced anaesthetists and GP anaesthetists, junior doctors and medical students. This role enables the requisite exposure to rural anaesthetic cases to meet the requirements of ACRRM and FARGP in rural GP anaesthetics. It is expected that you enrol in and complete the Rural Generalist Anaesthesia Training Program qualification over the 12 months.

Adult Internal Medicine

Mount Gambier

Become part of a collegiate, committed, multidisciplinary medical team, consisting of consultants and junior

doctors, allied health, and ward staff. This position fulfills the requirements for both RACGP and ACRRM and involves providing medical inpatient and outpatient services to the General Medical Ward at Mount Gambier Hospital.

Emergency Medicine

Mount Gambier

Train with a dynamic, collegiate, multidisciplinary team consisting of Fellowship of the Australian College of Emergency Medicine (FACEM) doctors, salaried medical officers, rural generalist trainees and newly qualified nurse practitioners, registered and enrolled nursing staff. This role enables the requisite exposure to rural emergency cases to meet the requirements of ACRRM and RACGP including Diploma of Emergency Medicine.

Obstetrics and Gynaecology (RANZCOG Associate Procedural)

Mount Gambier

Join a collegiate, committed, multidisciplinary maternity care

team consisting of GP obstetricians, O&G specialists, an O&G registrar and a wonderful group of qualified midwives. This full-year half-time role provides exposure to obstetrics and gynaecological cases in the rural setting to meet requirements of Rural Australian and New Zealand College of Obstetrics and Gynaecology (RANZCOG) Associate Procedural when combined with working part-time in a general practice with comprehensive antenatal care. Some further time in the role is required to complete requirements.

Primary Care

Train in general practice with accredited medical practices where you can gain knowledge, skills and attributes in primary care with a focus on rural and remote context. Participating medical practices are:

- Hawkins Medical Clinic,
- Kincaig Medical Clinic, and
- Kingston & Robe Medical Centres
- Pangula Mannamurna Aboriginal Corporation

LIFESTYLE

The Limestone Coast region, home to about 65,000 people, covers the south-east corner of South Australia, reaching around 150km inland, bounded by the Coorong and Riverland Mallee region to its north, and the Victorian border to its east. Mount Gambier, the second most populated city in South Australia, strikes the ideal balance between the vibrant lifestyle of big city and comforts of a small town, between cultural progress and tradition, and modern conveniences and the preservation of natural beauty.

A range of services and facilities are available, from large shopping centres to local markets, commercial industries providing many goods and services, public and private schooling, medical and health facilities, and transport services. Access both Melbourne or Adelaide through flights from the Mount Gambier Airport or within a five hour drive.

