

# BUILD YOUR SKILLS IN MEDICAL DISCIPLINES BEYOND COMMUNITY GENERAL PRACTICE



## ACADEMIC MEDICINE

Incorporate academic work into your career with the opportunity for research into illness profiles, lifestyle and other limitations in rural communities.



## ADULT INTERNAL MEDICINE

Managing patients with acute complex medical and chronic disease problems including multiple morbidities and factors affected by aging.



## AGED CARE

Management of chronic health concerns combined with the challenges in providing appropriate care for the aged.



## ANAESTHETICS

Skills, knowledge and capabilities of clinical practice of anaesthesia and providing safe anaesthesia practice and post-anaesthesia care.



## EMERGENCY MEDICINE

Broad spectrum of patient care ranging from assessment, stabilisation, and ongoing management that may include safe transfer.



## GENERAL MEDICINE

Clinical practice, knowledge and skills to provide high quality specialist services across a spectrum of health and illness.



## MENTAL HEALTH

Diagnose mental health problems in specific age groups, including depression, anxiety, adjustment disorders, grief, substance abuse, psychoses and suicide.



## OBSTETRICS

Clinical experience of care of women and infants including skills in antenatal, postnatal care, labour and gynaecology.



## PAEDIATRICS

Diagnoses and management of a wide range of paediatric conditions, develop skills to influence community and environmental factors to promote wellness.



## PALLIATIVE CARE

Improve the quality of life of patients and their families facing the problems associated with life-threatening illness, through prevention and relief of suffering.



## POPULATION HEALTH

Clinical experience in the prevention of illness, injury and disability, and improve, protect and restore the health of populations and individuals.



## REMOTE MEDICINE

Skills and knowledge in remote medicine to remote populations including unique medical services like Aboriginal health, public health and emergency.



## ROYAL FLYING DOCTOR SERVICE

Providing extensive primary health care and 24-hour emergency services to those areas that do not have access to major cities.



## SURGERY

Clinical skills and knowledge of the surgical process, from the initial evaluation through preparation, procedure and post-operative management.

# FLINDERS AND UPPER NORTH TRAINING NETWORK



## FOR MORE INFORMATION

EMAIL: [Health.SARuralGeneralistTraining@sa.gov.au](mailto:Health.SARuralGeneralistTraining@sa.gov.au)  
OR VISIT [WWW.RURALGENERALIST.SA.GOV.AU](http://WWW.RURALGENERALIST.SA.GOV.AU)



# EXPERIENCE TRAINING IN THE FLINDERS AND UPPER NORTH LOCAL HEALTH NETWORK THAT STRIVES FOR EXCELLENCE, EVERYDAY, ALL THE TIME.



Make your dream of becoming a rural generalist a reality in a rural region that offers unique opportunities.

## About the Flinders and Upper North Training Network

You can complete your entire training from internship to advanced skills training through the Flinders and Upper North Training Network and secure your career as a rural generalist.

The Flinders and Upper North Local Health Network (FUNLHN) provides a broad range of clinical experiences in both hospital and primary care settings. FUNLHN offers the full requirements of both Royal Australian College of General Practitioners (RACGP) and the Australian College of Rural and Remote Medicine (ACRRM) fellowship pathways including rotations with the Royal Flying Doctors Service (RFDS).

Being a valued member of a small cohort of junior doctors and trainees, you will develop close working relationships with other junior and senior medical colleagues. You will also benefit from the dedicated medical education team and access the usual learning opportunities including tutorials, simulation sessions, journal club and grand rounds.

## AVAILABLE POSITIONS

Positions may vary from year to year.

All roles are full year unless stated otherwise and offer generous opportunities to learn a wide range of practical and procedural skills in a rural setting.

### Internship

Intern rotations are located in Port Augusta, Port Lincoln and Whyalla with interns provided with a broad range of experiences across diverse clinical areas including:

- emergency medicine/RFDS
- general medicine
- general surgery
- general practice
- mental health inpatients.

You will have opportunities to gain valuable experiences with hands-on procedural skills and challenge yourself as you grow through your intern year.

### PGY2+

The PGY2+ training program provides rotations designed for Trainee Medical Officers (TMO) who have just completed their internship with the intent of pursuing a career in rural generalism (RG). You will have access to significant support from the Regional Training Hub based in Whyalla with rotations based in Port Augusta and Whyalla.

Potential rotations are:

- adult medicine/emergency
- anaesthetics
- obstetrics
- mental health inpatients
- general inpatients/paediatrics
- general practice/emergency at Royal Flying Doctor Service.

### Advanced Skills Training

The Flinders and Upper North Training Network will offer two specialised areas of advanced skill training (AST) in anaesthetics and obstetrics/gynaecology.

### Obstetrics and Gynaecology (RANZCOG Associate Procedural and Associate Advanced Procedural)

#### Port Augusta

Train with a collegiate, committed, multi-discipline maternity-care team consisting of GP obstetricians, O&G specialists, and experienced and qualified midwives. This position is suitable for candidates preparing for a career in rural general practice or those preparing to apply for the Royal Australasian and New Zealand College of Obstetrics and Gynaecologists

(RANZCOG) integrated training program. Rotations would suit trainees looking to undertake training in basic RANZCOG Associate Procedural and RANZCOG Associate Advanced Procedural or trainee with RANZCOG Associate Procedural looking for further supported practice. This rotation is based in the Port Augusta Hospital and Regional Health Service for the full 12 months and is open to post graduate year 3 and above (PGY3+).

### Anaesthetics (RGA Training Program)

#### Whyalla

Become part of a dedicated, committed, multi-discipline anaesthetics team consisting of anaesthetists and RG anaesthetists, junior doctors, and experienced and qualified nurses. This role enables the requisite exposure to rural anaesthetics cases to meet ACRRM and FARGP requirements for

GP Anaesthetics through the Rural Generalist Anaesthetics Training Program. This position is available to post graduate year 3 (PGY3+) and above.

### Primary Care/RFDS

Train in general practice with accredited medical practices gaining knowledge, skills and attributes in primary care with a focus on rural and remote context.

The RFDS is one of the largest and most comprehensive aeromedical organisations in the world and provides extensive primary health care and 24 hour emergency service to people that live, work and travel across rural and remote areas of South Australia.

## LIFESTYLE

The **Flinders and Upper North Local Health Network (FUNLHN)** covers the area known as Flinders Ranges and Outback. Located about 300kms north of Adelaide, with rugged countryside and rocky gorges, dramatic landscapes and scenic roads, 4WD tracks and walking trails. It can be accessed from Adelaide either by a 3-hour road trip or a short plane flight.

Port Augusta and Whyalla are small cities with diverse cultures rich in Indigenous heritage. With plenty of shopping and sporting facilities, you will experience an enviable lifestyle. Whyalla is also recognised as a regional hub for creative expression with performances, shows, events and exhibitions.

Come and explore the Flinders Ranges or white sands, pebble beaches and blue waters of the coast; this is a beautiful place to live.

## HOW TO APPLY AND JOB PACKS

Visit the South Australian Medical Education and Training (SAMET) website [www.samet.org.au](http://www.samet.org.au) to view detailed application timelines and information for internships, PGY2+ and advanced skills training (AST) positions with SA Health.

General application timelines each year are:

### Internships

**Applications open:** May

**Applications close:** June

**Offers commence:** July

### PGY2+ and AST

**Applications open:** June

**Applications close:** July

**Offers commence:** September

Lodge your application through the link provided in the job pack for the position.

Positions or rotations are subject to funding and sufficient demand and may change.

