



Earlier this month, the RGPSA caught up with Dr Abby Moore, who is a Resident Medical Officer based in the Eyre and Far North Local Health Network. Abby is currently working in the Port Lincoln Hospital and Boston Bay Family Health Practice training in General Practice and Obstetrics & Gynaecology.

Dr Moore grew up in Tanunda amongst the Barossa Valley vineyards before studying medicine at the University of Adelaide with rural rotations in Whyalla, Port Lincoln and Ceduna. Following this, Abby spent her intern year in sunny Townsville where she was exposed to rural tropical diseases diagnosing conditions such as malaria, Ross River virus and dengue.

Later this year, Abby will be travelling to both Cummins and Ceduna to broaden her experience across the Eyre Peninsula region. Dr Moore hopes to pursue Rural Generalism as a specialty with interests in critical care and women's health, and loves the everyday variety rural practice brings her.

Dr Abby Moore

Abby shared with us the personal satisfaction she gains seeing the real-life impacts of treatment decisions, and closer engagement experienced with the local community when practicing rural medicine. She finds problem solving diagnostic dilemmas combined with the challenge of limited resources helps to keep her mind active and creative – there is never a dull day!

Describe the type of clinical experience you get in your current role?



"I am involved in a mixture of hospital and practice work. Port Lincoln has over 300 births per year, so I am often on the wards early to review newborn infants or assist with inductions of labour. During the day, I review patients from all walks of life and provide antenatal care with our GP Obstetricians and midwives."

What has been the best thing about living and working in rural?

"The best part of working rural is the job satisfaction from practising true 'cradle to grave' medicine. You hold responsibility at each step of the patient's journey and get to see a real impact from your efforts."





RURAL GENERALIST PROGRAM

SOUTH AUSTRALIA

A day in the life of a Rural Generalist

June 2023

What is your favourite thing to do for recreation where you currently live?

“I love playing netball (up the Rangers!) and exploring out in nature. I enjoy surfing and squidding as an ultimate novice when I get the chance, and try to keep up weekly sunrise swims at the shark net with friends.”

Where to next in your career?

“I hope to broaden my skillset particularly in critical care whilst completing my rural generalist training. I also hope to travel and explore a bit, whether that’s within work or outside of it.”



What advice do you have for trainee’s considering training in rural and becoming a rural generalist?

“Give it a go! No matter your interests, rural generalism allows you the flexibility to tailor your lifestyle and genuinely enjoy your day-to-day work. Gain as broad an experience as you can whilst early in your career, and don’t be afraid to take risks. Also, get involved with your community! It makes life more enjoyable and your connections more meaningful too.”

Connect with us on social media – click the links below



Rural Generalist Program South Australia | www.ruralgeneralist.sa.gov.au

Email: health.SARuralGeneralist@sa.gov.au