# BUILD YOUR SKILLS IN MEDICAL DISCIPLINES BEYOND COMMUNITY GENERAL PRACTICE



### **ACADEMIC MEDICINE**

Incorporate academic work into your career with the opportunity for research into illness profiles, lifestyle and other limitations in rural communities.



### **ADULT INTERNAL MEDICINE**

Managing patients with acute complex medical and chronic disease problems including multiple morbidities and factors affected by aging.



### AGED CARE

Management of chronic health concerns combined with the challenges in providing appropriate care for the aged.



### **ANAESTHETICS**

Skills, knowledge and capabilities of clinical practice of anaesthesia and providing safe anaesthesia practice and post-anaesthesia care.



### **EMERGENCY MEDICINE**

Broad spectrum of patient care ranging from assessment, stabilisation, and ongoing management that may include safe transfer.



### **GENERAL MEDICINE**

Clinical practice, knowledge and skills to provide high quality specialist services across a spectrum of health and illness.



### MENTAL HEALTH

Diagnose mental health problems in specific age groups, including depression, anxiety, adjustment disorders, grief, substance abuse, psychoses and suicide.



### **OBSTETRICS**

Clinical experience of care of women and infants including skills in antenatal, postnatal care, labour and gynaecology.



### **PAEDIATRICS**

Diagnoses and management of a wide range of paediatric conditions, develop skills to influence community and environmental factors to promote wellness.



### PALLIATIVE CARE

Improve the quality of life of patients and their families facing the problems associated with life-threatening illness, through prevention and relief of suffering.



### **POPULATION HEALTH**

Clinical experience in the prevention of illness, injury and disability, and improve, protect and restore the health of populations and individuals.



### REMOTE MEDICINE

Skills and knowledge in remote medicine to remote populations including unique medical services like Aboriginal health, public health and emergency.



### ROYAL FLYING DOCTOR SERVICE

Providing extensive primary health care and 24-hour emergency services to those areas that do not have access to major cities.



### **SURGERY**

Clinical skills and knowledge of the surgical process, from the initial evaluation through preparation, procedure and post-operative management.

### FOR MORE INFORMATION

EMAIL: **Health.SARuralGeneralistTraining@sa.gov.au**OR VISIT **WWW.RURALGENERALIST.SA.GOV.AU** 







### EXPERIENCE TRAINING IN THE FLINDERS AND UPPER NORTH RURAL TRAINING NETWORK THAT STRIVES FOR EXCELLENCE, EVERYDAY, ALL THE TIME.



## HOW TO APPLY AND JOB PACKS

Visit the South Australian Medical Education and Training (SAMET) website www.samet.org.au to view detailed application timelines and information for internships, PGY2+ and advanced skills training (AST) positions with SA Health.

General application timelines each year are:

### Internships

Applications open: May
Applications close: June
Offers commence: July

### PGY2+ and AST

Applications open: June
Applications close: July
Offers commence: September

Offers commence. September

Lodge your application through the link provided in the job pack for the position. Positions or rotations are subject to funding and sufficient demand and may change.

Make your dream of becoming a rural generalist a reality in a rural region that offers unique opportunities.

### About the Flinders and Upper North Rural Training Network

You can complete your entire training from internship to advanced skills training through the Flinders and Upper North Rural Training Network (FUNRTN) and secure your career as a rural generalist.

The Flinders and Upper North Local Health Network (FUNLHN) provides a broad range of clinical experiences in both hospital and primary care settings. FUNRTN offers the full requirements of both Royal Australian College of General Practitioners (RACGP) and the Australian College of Rural and Remote Medicine (ACRRM) fellowship pathways including rotations with the Royal Flying Doctors Service (RFDS).

Being a valued member of a small cohort of junior doctors and trainees, you will develop close working relationships with other junior and senior medical colleagues. You will also benefit from the dedicated medical education team and access the usual learning opportunities including tutorials, simulation sessions, journal club and grand rounds.

#### AVAILABLE POSITIONS

Positions may vary from year to year.

All roles are full year unless stated otherwise and offer generous opportunities to learn a wide range of practical and procedural skills in a rural setting.

### Internship

Intern rotations are located in Port Augusta, Port Lincoln and Whyalla with interns provided with a broad range of experiences across diverse clinical areas including:

- emergency medicine/RFDS
- general medicine
- general surgery
- general practice
- mental health inpatients.

You will have opportunities to gain valuable experiences with hands-on procedural skills and challenge yourself as you grow through your intern year.

### PGY2+

The PGY2+ training program provides rotations designed for Trainee Medical Officers (TMO) who have just completed their internship with the intent of pursuing a career in rural generalism (RG). You will have access to significant support from the Regional Training Hub based in Whyalla with rotations based in Port Augusta and Whyalla.

Potential rotations are:

- adult medicine/emergency
- anaesthetics
- obstetrics
- mental health inpatients
- general inpatients/paediatrics
- general practice/emergency at Royal Flying Doctor Service.

### **Advanced Skills Training**

The Flinders and Upper North Rural Training Network offers two specialised areas of advanced skill training (AST) in anaesthetics and obstetrics/gynaecology.

### Obstetrics and Gynaecology

### Port Augusta

Train with a collegiate, committed, multi-discipline maternity-care team consisting of GP obstetricians, O&G specialists, and experienced and qualified midwives. This position is suitable for candidates preparing for a career in rural general practice or those preparing to apply for the Royal Australasian and New Zealand College of Obstetrics and Gynaecologists (RANZCOG) integrated training program. Rotations would suit trainees looking to undertake training in basic RANZCOG Associate Procedural and RANZCOG Associate Advanced Procedural or trainee with RANZCOG Associate Procedural looking for further supported practice. This rotation is based in the Port Augusta Hospital and Regional Health Service for the full 12 months and is open to post graduate year 3 and above (PGY3+).

### Anaesthetics

#### Whyalla

Become part of a dedicated, committed, multi-discipline anaesthetics team consisting of anaesthetists and RG anaesthetists, junior doctors, and experienced and qualified nurses. This role enables the requisite exposure to rural anaesthetics cases to meet ACRRM and FARGP requirements for GP Anaesthetics through the Rural Generalist Anaesthetics Training Program. This position is available to post graduate year 3 (PGY3+) and above.

### Primary Care/RFDS

Train in general practice with accredited medical practices gaining knowledge, skills and attributes in primary care with a focus on rural and remote context.

The RFDS is one of the largest and most comprehensive aeromedical

organisations in the world and provides extensive primary health care and 24 hour emergency service to people that live, work and travel across rural and remote areas of South Australia.

### LIFESTYLE

The Flinders and Upper North region in South Australia offers a relaxed lifestyle, breath taking views, endless adventures and friendly and diverse communities. With a short commute to work, you'll have more time in your day to spend with your family, friends and explore the many attractions of our region.

With wide-open spaces, parks, and sports and access to many recreational activities, you will find something to enjoy outside of work. There are also affordable housing options, access to public and private schooling, including tertiary education, making it a great place to raise a family.

